

Sr.No.2581

Exam.Code: 220501

Subject Code : 8251

Master of Vocation (Mental Health Counseling) - 1st Sem.

(Batch 2021-23)

(2221)

Paper: Paper-I Introduction to Mental Health Counselling

Time Allowed: 3hrs.

Max. Marks: 100

Note: Attempt 5 questions in all selecting at least one question from each of the four sections. The fifth question may be attempted from any section.

Section – A

I. Discuss the concept of mental health and highlight the significance of mental health counseling. 20

II. Discuss the psychodynamic and behavioural models of mental health while citing their strengths and limitations. 10,10

Section – B

III. Discuss the stages of counseling in detail. 20

IV. Discuss the professional issues of mental health and counseling. 20

Section – C

V. Explain counseling skills in detail. 20

VI. Critically evaluate the role of mental health counselor. 20

Section – D

VII. What is the need of ethics? Discuss the ethical issues in counseling. 5, 15

VIII. Elucidate the recent trends in counseling. 20

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